

*Life. Business. News. In the Cheyenne Mountain area.*

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## Council of Neighbors and Organizations



Director of the Council of Neighbors and Organizations Dave Munger, left, former City Councilman Bernie Herpin, center, talked with another participant during a recent neighborhood cleanup. *Photo courtesy of CONO*

See Story Page 2

## Feed the Children



Retired Colonel McLaughlin from the Mt. Carmel Center of Excellence came to the Norris Penrose Event Center on September 11th to help organize and distribute food and necessities to 400 pre-identified Colorado Springs military and veteran families.

See Page 3

# Art Show Encouraged Community Participation



Many of Nancy Cavins' acrylic wildlife works figured in this year's Art Show and Sale at the Bear Creek Nature Center.

By WILLIAM J. DAGENDESH

"I love painting because I breathe life into a blank canvas," said wildlife artist Nancy Cavins of her works on display at the annual Art Show and Sale.

Held Friday and Saturday, Sept. 11 and 12 at the Bear Creek Nature Center, the event showcased the creative works of 34 area artists. About 450 people attended the two-day event to meet with artists and participate in artistic demonstrations, said Bear Creek Nature Center Supervisor Jamie Bequette.

"We wanted to connect with the community and kids love interactive demonstrations, so hopefully this active art show helped us do that," Bequette said.

Sponsored by the Friends of El Paso County Nature Centers, the event offered reasonable prices on a variety of art ranging from painting, photography and pottery to computer circuit board-fashioned neck ties and alpaca spun-painted fabric. Some works went for as low as \$25 while others carried a three-digit price tag.

However, it was the lively interaction between artists and residents that defined this year's event, Bequette said. And artists, such as Cavins, were eager to share their knowledge, stories and application techniques.

A self-taught acrylic artist, Cavins spends between two to three months preparing for an art show. The scores of bear, deer, fox, moose and owl paintings on display testified to Cavins' passion for immortalizing Colorado's wildlife inhabitants.

"Nature-inspired art is the best thing about the show," said the Cheyenne area resident who has been painting wildlife for seven years.

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Artist Eric Fetsch showed Cheyenne area resident Adeline Lautenslager how to apply watercolor paint during the Art Show and Sale.



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You May Not Need to Fight City Hall



Director of the Council of Neighbors and Organizations (CONO) Dave Munger, left, former City Councilman Bernie Herpin, center, talked with another participant during a recent neighborhood cleanup. Photos courtesy of CONO.

By MARK CHARLES DICKERSON

We all have heard, "You can't fight city hall." Well, whether you believe the saying or not, wouldn't it be great if there were an organization dedicated to making some of those fights unnecessary? What if there was a private, non-profit organization whose main mission was to make it easier for the rest of us to navigate the ins and outs of the city and county bureaucracies? What if they even went to bat sometimes for the "little guy" in an effort to pass ordinances that would be helpful to the average resident?

The Council of Neighbors and Organizations (CONO) is just such a group. They were formed over 39 years ago when people realized that neighborhoods needed to have a focused voice to bring community issues to the attention of city council. The group is active throughout the Pike's Peak region and at all levels of government. The team is particularly proud of recent

work done with the state legislature to help determine licensing requirements and streamline ways for small homeowners associations (HOAs) to stay in business.

According to Dave Munger, executive director of the neighbors organization, people also needed a forum to share what does and does not work when it comes to resolving community issues successfully with city and county officials. Individuals, HOAs and neighborhood groups can join the group and take advantage of training opportunities regarding how to navigate the sometimes confusing city and county processes for dealing with issues like safety, beautification, road construction, code enforcement, or even homeowners association management. They meet monthly with members, and during these meetings they have round table discussions to share tips for handling the members' issues.

While the organization is

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# A Positive Impact on a Solemn Day

## 400 Military Families Received Food and Necessities on September 11th

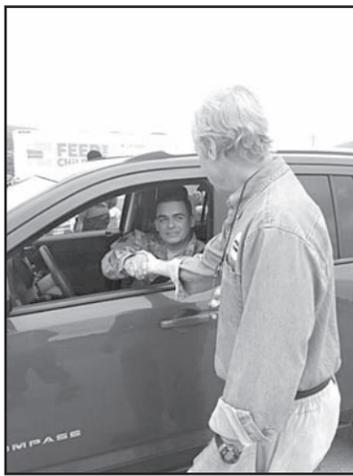
By MELISSA ROLLI

“All of us at the Coalition are proud to be a part of this important event on a solemn day in American history,” said David Walker, CEO of the Coalition. “Every day, our mission is to provide direct assistance to true American heroes, and with the help of Feed the Children and our other partners in Colorado, hundreds of outstanding men, women and children will receive a small token of our gratitude for their service and sacrifice,” added Walker. On September 11th, The Coalition to Salute America’s Heroes joined Feed the Children and the Mt. Carmel Center of Excellence to honor 400 military and veteran families in Colorado Springs military families on Friday, September 11th at the Norris Penrose Event Center to provide the pre-identified 400 families with food and necessities.



On September 11th, The Coalition to Salute America’s Heroes joined Feed the Children and the Mt. Carmel Center of Excellence to honor 400 pre-identified military and veteran families in Colorado Springs military families on at the Norris Penrose Event Center by providing them with food and necessities.

The Coalition to Salute America’s Heroes provides an immediate, invaluable lifeline to thousands of America’s combat-wounded veterans. It is distinguished from other veteran-focused groups by its direct financial assistance to America’s wounded heroes. Its Emergency Financial Aid program has stopped foreclosure proceedings on veterans’ homes and kept their vehicles from being repossessed. The organization regularly provides gift checks to cover meals, medical and utility bills, clothing, car repairs and even baby diapers. Another great program, such as the Heroes Thanking Heroes, provides six month transitional part-time, flexible employment to wounded veterans or their primary caregivers, enabling them to make phone calls from their homes, most often to personally thank donors for their contributions to the Coalition to Salute America’s Heroes.



Pete Lee, a legislator and Colorado House Representative for District 18, which includes central Colorado Springs and Manitou Springs in El Paso County came to the Norris Penrose Event Center on September 11th to help distribute food and necessities to 400 pre-identified Colorado Springs military and veteran families.

Retired Colonel Martin Badegian, from the Coalition to Salute America’s Heroes, said that it was great to partner with Feed the Children and expand their focus to “bring together the

community as Americans” on September 11th.

Likewise, Feed the Children said it was proud to partner with the Coalition to honor military families on this historic day and

added that when organizations combine their efforts, they have a greater impact on the lives of those who sacrifice so much for our country. “Today, we are not only providing food and necessities to these families—but

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# OBSERVATIONS

BY HENRY WALTER

## It Just Stretches the Mind!

I don't know whether it's good or bad, this new development in the continuing saga of man trying to improve himself. I don't say we are too smart for our own good, but we might be approaching that foggy dream. I just read a report from CNN about new "smart drugs" that enhance the brain capacity of even geniuses. In fact, theoretical physicist (I don't know what that means, either) Stephen Hawking, supposedly one of the smartest gentlemen since King Solomon, credits pills for enhancing his personal ability to function at the high level he possesses in cognitive brain function and neural connectivity.

I also don't understand cognitive and neural connectivity let alone those functions strengthening prefrontal cortex, but if CNN such says so, they must be real words. Who am I to argue with CNN?

If you've read this column before, you'll understand that I don't know what artificial intelligence (AI) means either, but by studying the smoke of all the forest fires, I have learned enough to be a bit uncomfortable when AI and smart pills someday clash. There is going to be aggressive anger in the labs and when thinking people come up against thinking computers; the only thing we've got going for us is our egos. Because you can be sure our educational system will rev up its efforts in nurturing all those egos that have been boosted to battle those unautocratic chip-eating boxes of plastic, those R2-D2 mechanical solutions that will be the new "messiyas."

We seem to keep making it harder and harder on ourselves in seeking succor from our world. We have made it easier for terrorists to attack our weakest flank through the use of cell phones. Humans have drastically speeded up the cures for terminal diseases by dehumanizing our DNA and remodeling our heredity. While we're spending time and money sending a spy ship to Pluto to find out what that planet's (or whatever) moon is like, others are inventing itty bitty chips that will read our eye movements to decide what breakfast cereal we prefer.

Life is, indeed, getting as complicated as a Rubik's Cube in a one-armed man's remaining grasp.

Okay, this new pill that I will not name (let 'em advertise) has been found by Harvard scientists to double our IQ. It will increase our memory and focus up to 100%. Ain't that something? Soon we won't even need TV Guide. This miracle for dummies will also "skyrocket" energy levels while allowing newborns to sleep quietly all night. OK, I made that up.

And there are famous endorsers already proclaiming improvements in their overall demeanor. Quarterback Tom Brady is taking the pill to improve his psi senses. There's even a Harvard sophomore—which should raise thought patterns in Foggy Bottom—saying "...it felt like a dark cloud had been lifted up from in front of me." My guess would be that soon all Harvard students will recognize their former shortcomings and buy the pills in bulk. That's a hope, anyway.

So the student testee experienced a mental clarity that he never felt before. Let's forget Harvard and send the first FDA approved pills to Congress. Mental clarity, though, if not firmly restricted, might backfire and our elected might end up owning General Motors or worse, Wal-Mart. No more rebates or daily specials.

There is even a reference to Warren Buffett who said, "The more you learn, the more you earn." Could we be looking at a future middleclass of billionaires? What will result if Rolls Royce engineers don't take their morning meds and can't keep up with the demand? Imagine all those billionaires with thumbs raised during the morning rush hour! Oh, the inhumanity.

It's possible that some of you will not take this editorial revelation seriously. But if we keep going with these "improvements" in creating thinking robots while making humans think better, human life as we know it will become discouraging. Can you imagine Vladimir Putin seriously reading "War and Peace" before he invades his neighboring countries?

[Hc2walter@comcast.net](mailto:Hc2walter@comcast.net)

**Please note, my new blog/website is at [HenrysObsv.com](http://HenrysObsv.com)**

## Trail Notes

### Taking the Insect Threat Seriously



*A monthly column from Susan Davies, executive director of the Trails and Open Space Coalition*

After the fires and floods a few folks quipped about "preparing for the pestilence." Instead of chuckling,

we should have politely asked them to "bite their tongues." Especially as we now have two types of insects chewing on local pine trees.

The Tussock Moth and Western Spruce Bud worm are about the size of a dime. Both began attacking needles in Bear Creek Canon Park and North Cheyenne Canon in June. Although native to Colorado, that doesn't diminish their destructive abilities. Two consecutive seasons of defoliation can kill a tree. City Foresters are taking the threat very seriously and intend to work with

partners, conduct a spring survey of the insect population and contract for aerial spraying to take place next June

The public will have an opportunity to learn more about the pests and the city's plan. North Cheyenne Canon, Blodgett Peak and Bear Creek Canon Park are all on the treatment list. The proposed treatment, Bt (*Bacillus thuringiensis*) is a biological pesticide found naturally in soil and used in organic farming. The compound targets caterpillars, certain types of beetles, mosquitoes and black flies. It poses no threat to people, pets or other species.

Aerial spraying is not cheap, but if we lose the trees the price could be tremendous. Erosion will increase, water quality will diminish and the "aesthetic costs" - immeasurable.

Here's hoping spraying works. In the meantime, no more gallows humor. I think we've endured enough.

## Letters to the Editor

### Does the train horn bother you?

Editor,

Does the train horn bother you? If you live close enough to the train line, say within 2 miles, I bet you've heard it plenty. There are roughly 22 trains passing through Colorado Springs every day. Family and friends comment on it whenever they're at our house. We close the windows at night to be woken up less at night, even though having the windows open would help cool the house. We can hear the horn even with the windows closed, and they're good windows...

I looked into the whole thing: if there's no "quiet zone" (and there obviously isn't), a train engineer is required to honk at least four times before a crossing or more, depending on situation.

There could be a "quiet zone", but in order to get approval from the DOT, all crossings need to have gates and flashing lights associated with it. We're missing that at the W. Las Animas St crossing, and because of that, a "quiet zone" could never be approved.

It's not like we're living in a country village with one train per week, or in a hamlet where the cost of such gates would be burdensome.

Imagine, no train horn? Wouldn't that improve your quality of life? Wouldn't that improve the quality of live of thousands in Colorado Springs?

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### Parking Problems at Seven Falls

Editor,

The mounting excitement for the newly restored seven Falls is finally here, and the beauty is still spectacular!

What concerns me lies outside the opening gate.

The last two weekends while both driving and walking through the park leading up to the entrance of Seven Falls, I was taken aback as I viewed all of the parking areas previously designated for picnics were all occupied by Seven Falls guests. The picnic tables were vacant, so unlike any other weekend in Cheyenne Canon park. There was not a place left anywhere for weekend picnickers to park and it has created mass confusion and congestion that The Broadmoor must take responsibility for and make the necessary adjustments.

This park is a most beloved and popular spot to be shared by city dwellers, tourists or anyone to freely drive in and park their vehicle and enjoy a family get-together, a quiet lunch, a hike or a bike ride, while surrounded by nature at its finest. This has all been taken away on weekends in our park. For many folks this is the only time they have to escape and get outside and spend time their families in an outdoor setting they have enjoyed for a lifetime. We all pay taxes for this opportunity.

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# Baby Boomers Benefit From Knee Arthritis Treatments Their Parents Could Only Dream About

## Cutting-Edge Treatments and Technology Are Helping Knee Arthritis Sufferers Avoid Knee Replacement Surgery and Stay Active In Their 50's, 60's, 70's and even 80's

If you would like to discover a safe and effective medical treatment for knee arthritis pain and stiffness that has already helped thousands just like you, this will be the most important information you ever read.

**Here is why:** Back in 2011, a medical clinic in Colorado Springs, CO named Osteo Relief Institute did something that would change the lives of thousands and thousands of people.

**They developed a knee arthritis treatment program specifically designed for the knee arthritis sufferers who not only want to relieve pain and stiffness... but also want to stay active.**

As patients got re-sults... the word spread



**"I wish I had known this 5 years ago..."**

"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went down [to the Osteo Relief Institute] and it's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago."

"It's the smartest thing I ever did. Since I've been going to Osteo Relief for my knees I don't take any pills, I take no over the counter medication..."

"This is a good alternative to surgery. I am so glad I went. I'm so confident I feel so good about it and I recommend it to everybody." "Call up Osteo Relief. What have you got to lose. Have them check it out and they may help you."

"I wish I had known this five years ago."

William La S.

like wildfire. Now the clinic receives hundreds of new patient calls per month. It seems like every knee arthritis sufferer in the area wants this treatment. Some travel as many as 3 hours to be treated by the experts at Osteo Relief Institute.

**But here's where the story gets really good... for YOU**

Because they knew how frustrating knee arthritis is and how life changing relieving their pain was... many patients wanted to share their story with others.

That's why they are willing to travel to Ft. Lauderdale, Florida and tell their stories for a special documentary being made about Osteo Relief Institute and their knee



**"I just thank God for this treatment"**

"I really, couldn't hardly walk. They wanted to replace both my knees, and I did not want both my knees replaced."

"Since I had the treatment I had been able to walk, I was able to walk up the steps. I was able to bend my knee and I'm able to shop in the supermarket with the carriage, which I was never able to do all the time - now I'm able to walk down the street and able to walk in the park. I'm able to even lift things and go up the steps which is a miracle. I just thank God for the treatment."

"It made me feel like a new woman. It was amazing."

"I can't thank that doctor and staff enough for what they had done for me. I would tell anyone who has gone through what I have to take the step."

"I wish I'd known about this option years ago."

Shirley S.

pain treatment methods.

Patients like William La S. flew to Florida and told how he couldn't play golf due to arthritis pain - and now after treatment, "It's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago."

And then there is Shirley S. who could barely walk and was facing total knee replacement in both knees and after treatment said, "I just thank God for the treatment... It made me feel like a new woman."

**Are These Result Typical?**

Let's be very clear about this: this is not a "miracle cure" for arthritis. This is a real medical



**"The treatment was wonderful"**

"Five years ago I had knee surgery, had a replacement, and I was not happy with it. The therapy was painful and I'm still numb on one side and you can't - you cannot kneel on your knee once you have that done."

"I was not sleeping at night, my leg was pounding, I knew it was getting near the point where it was a knee replacement or find something new."

"The first treatment I felt great and each treatment for the five weeks that followed it became better and better. I mean I was going out dancing. I have grand kids, I play with them, I run with them. I volunteer and... do playtime with little children and you know it's picking up toys and I volunteer at a nursing home. So I'm walking around, I take animals to the nursing home, so I'm walking the different floors and I have no problem - no problem whatsoever."

Karen R.



**How It Works:** Advanced medical technology has now made it possible to safely relieve knee arthritis pain for many.

When you have knee arthritis, the natural lubricating fluids in your knee "dry up." This causes abnormal friction. Bones rub against each other, leading to stiffness, pain and eventually total joint destruction. This treatment works so well because a special lubricating gel is put directly into the arthritis joint... Instantly allowing the joint to glide more smoothly. Imagine putting oil on a rusty door hinge. Osteo Relief uses state-of-the-art digital imaging to see inside the knee joint to make sure the FDA-Approved lubricating gel medicine is placed precisely where you need it to get the best possible results.

treatment that has worked very well for thousands and thousands of people.

But we are not suggesting that everyone (or anyone) who gets this treatment is going to get the same results others have gotten.

As with all medical treatments - the response is individual. And no one can say what your response to treatment will be.

But we can say with 100% accuracy that countless people have lessened or even eliminated their pain - and gotten their active lives back after this treatment. And that is entirely possible for you, too.

And that's why people

from all over the area are flocking to Osteo Relief Institute to give this promising treatment a try.

That's why they are offering a no-risk, no-obligation knee screening designed specifically to see if this treatment might help you.

But the biggest problem is keeping up with the overwhelming demand. That's why they have had to limit the number of screenings per month. The good news is, if you call 719-323-6551 within the next 2 days - you are guaranteed a screening.



### How To Guarantee You Get A No-Risk, No-Obligation Knee Screening

The popularity of this treatment is amazing. Osteo Relief Institute has received hundreds of new patient calls every month.

But because this is real medical treatment - it is not for everyone. That's why the experts have set-up a quick and easy No-Risk screening visit. This screening will help determine if you are a candidate for further examination and treatment.

This screening is offered without any obligation whatsoever, and you will get all of your

questions answered and find out if this treatment is for you with zero risk. Just call 719-323-6551. "I'd like a No-Obligation knee screening." They will take care of everything.

Due to overwhelming demand, spots are limited - but if you call in the next 2 days, Osteo Relief guarantees you will get your screening.

This treatment is covered by most insurance and Medicare. If you have knee arthritis pain - call now to see if you can get help.

**\*\*\*While OsteoRelief cannot say results like this are typical, we can say they are possible. Every patient is individual and results vary. Last names withheld for privacy.**

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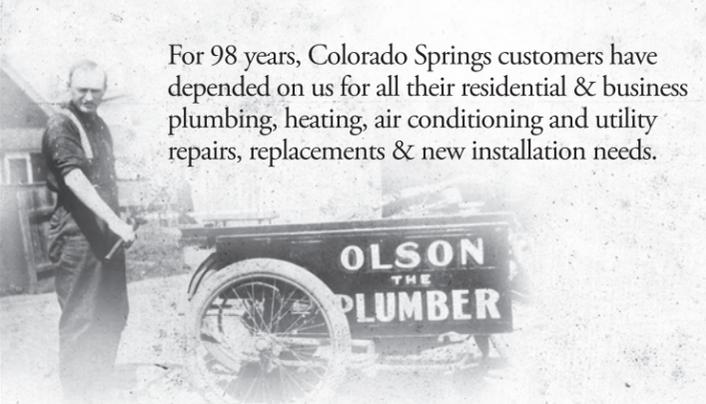
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# A Guinness World Record Set



On Saturday, September 13, 401 Colorado Springs residents gathered in the parking lot of the Promenade Shops at Briargate breaking the Guinness World Record for the most people simultaneously doing a burpee, a full-body, aerobic and strength training exercise. Photo courtesy of Dynamic Range Photography

By MELISSA ROLLI

"We were all here to break a record, so we needed to break a record," said Matt Schutte, a Colorado Springs resident assisting with the world record attempt at the grand opening event of Lululemon Athletica in the Promenade Shops at Briargate on September 11.

Saturday, September 13, 401 Colorado Springs residents gathered in the parking lot of the Promenade Shops at Briargate originally to attempt to break the Guinness World Record for the most people simultaneously planking. This record, set December 16, 2011 was, and is still held by George V School in Hong Kong with 1,549 people. When Schutte and others realized they weren't going to have those kind of numbers to set the Guinness World Record for the most people simultaneously planking, Schutte came up with another fitness-based idea to break the Guinness World Record, that is, for the most people simultaneously doing a burpee.

What's a burpee? It's a full-body, aerobic and strength training exercise.



Farrell's eXtreme Bodyshaping had the largest group of people at the Guinness World Record event hosted by Lululemon Athletica during their grand opening weekend events at the Promenade Shops at Briargate.

Start in a standing position then squat, placing hands on the ground. From there, kick feet back while keeping arms extended so as to form a push-up position. Then bring feet back to the squat position and quickly jump up from the squat position and start again. For the old school among us, they used to be called squat-thrusts.

The world record for the most people simultaneously doing a burpee was set on August 22 of this year, when just over 380 people gathered at Hunts-

ville's Von Braun Center. The 401 people gathered outside of in the parking lot of the Promenade Shops at Briargate, were enough to break that record.

"It was great to get the community together in support of fitness and to set a world record," said store representative, Michelle Greathouse. She explained that while most stores have sales and ribbon cutting ceremonies, the store associates here wanted to do something different, unique and memorable: to set a world record.

The event kicked off with a tribute to America's finest with America the Beautiful sung by Colorado Springs' own, Becca Roo. A wide-range of people, from children to fitness enthusiasts, non-profit groups and other community businesses showed up to help set the Guinness World Record. Various mall merchants showed up to support their new neighbor. Volunteers and participants were there from Team Red White and Blue, a non-profit organization of civilians and veterans with the mission of connecting veterans to their community through

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# World Record

from page 6

physical and social activity. Jenn Deusterdick from Team Red White and Blue said, “[I’ve]crossed another item off my bucket list.” Farrell’s eXtreme Bodyshaping had the largest group of people there to help set the Guinness World Record. Cheyenne area fitness business owner Michele Guthleben, said “It was such a fun experience!” Teresa Barber told a reporter from KOAA news channel 5, “Bummer we didn’t get enough people for the plank, but fun to break a record anyway.”

Members of the Colorado Springs community truly came together for this memorable event setting the Guinness World Record for the most people simultaneously doing a burpee thanks to the flexibility of the participants and the quick thinking of Schutte.

## Taking Beginner Farmers to the Next Level

The Colorado State University Extension Service is sponsoring the panel discussion, “Getting Started in Agriculture: A Reality Check by Those Who Know” for beginning farmers and those farming as a hobby who are interested in what it takes to move to the next level. The discussion is aimed at helping farmers and ranchers increase their productivity and learn what it takes to be successful from those already doing it. There will be a Q & A after the discussion. The program will take place on the second floor at the CSU Extension, 17 N. Spruce on Thursday, October 8 from 6 - 8 p.m. If attending, please RSVP to becky.extension@gmail.com.

## The Vanguard School Recognizes National Merit Semifinalists

Three students from the Vanguard School’s fifty-one senior students have been designated Semifinalists in the 61st Annual National Merit Scholarship Competition. The three students, Eoin Doherty, Laura Koop, and Aidan Mullaney, are among a select pool of 16,000 seniors across the country who have earned this recognition. Semifinalists must participate in a rigorous application process to earn the title of Finalist. Finalists qualify to receive one of 7400 National Merit Scholarships worth more than \$32 million. Merit Scholar designees are selected on the basis of their skills, accomplishments, and potential for success in rigorous college studies. The Vanguard School produced two National Merit Scholars last year and a total of 10 in its nine year history.

## Seven Bridges Trail Work September 24

The Friends of the Peak will be working to repair erosion damage and stabilize the Seven Bridges Trail from 7:45 a.m. to 2 p.m., Thursday, Sept. 24. Volunteers will meet at the intersection of North Cheyenne Canyon Road, Gold Camp Road and High Drive. More information and registration is available on the Projects page at [www.fotp.com](http://www.fotp.com), or by email at [info@fotp.com](mailto:info@fotp.com).

## Broadmoor Galleries Presents Works of Wu and Lorusso

Broadmoor Galleries will present an exclusive two-man show of the works of Benjamin Wu and Joseph Lorusso, featuring an opening reception with the artists on both Thursday, September 24th from 3 - 9 p.m. and Friday, September 25 from 10 a.m. - 4p.m. Modern old world master Benjamin Wu paints with softness and deftness, maintaining a delicate balance between a painterly quality while bordering on photorealism and still remaining true to the authenticity of his subjects. He tells a story through his works exploring themes of American Pioneer history, rural Chinese culture and classic western art imagery, from still life to nudes. Lorusso’s pieces, sentimental and nostalgic, are from another era, having the essence of a familiar time, intuitively connecting the viewer to an emotion, evoking a deep sense of beauty found in the quiet times of daily living. His subjects are mysterious, lonely, romantic and yet utterly familiar. “I believe truly great art serves as a trigger into something deeper within all of us,” Lorusso said.



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5:00 – 6:40pm Tailgate

6:50pm Induction Ceremony

7:00pm Football Kick Off

Halftime

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Route: from Broadmoor Elementary School, west onto Pourtales Road (around The Broadmoor), right onto Mesa, Left onto Cresta, left onto Preserve, left into **Gold Camp Elementary School** where the parade will end.

**CMHS Parking Lot**  
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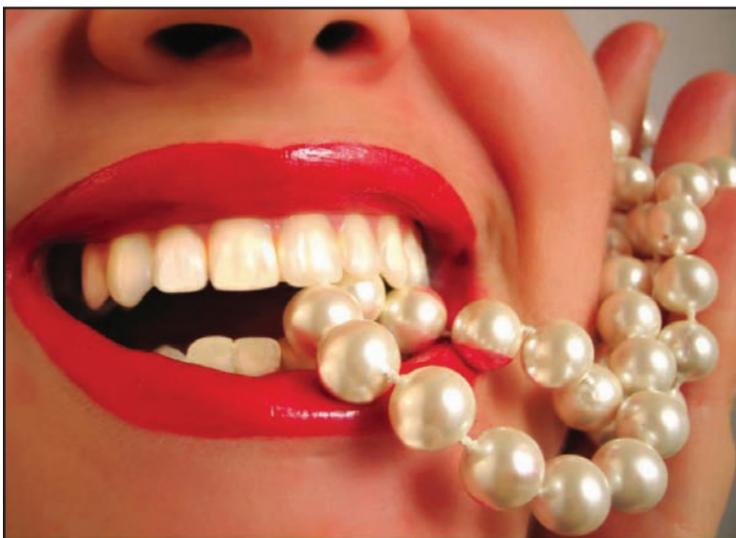
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## Cheyenne Mountain Graduate Named Top Cadet in Civil Air Patrol Nationwide

Civil Air Patrol cadet Benjamin Jakeman (18), was named the top cadet across all of Civil Air Patrol's nearly 24,000 cadets nationwide for 2014. Jakeman achieved the highest rank in the cadet program and was recognized for it last year by Rep. Doug Lamborn (R-CO). Jakeman, a member of the Colorado Springs Cadet Squadron, received his award at the Civil Air Patrol national convention in August. Competing against cadets aged 12-20 from every U.S. state and territory, Jakeman distinguished himself as the commander of his local squadron, coordinating activities and training for more than 60 cadets. He completed specialized engineering training in Alabama,



was certified to fly gliders in Nevada and represented Civil Air Patrol in Singapore as part of an international exchange. He was also active in ground search and rescue, supporting city and state agencies in their search for lost and injured personnel. Being only 18 years old at the time of his award, Jakeman is one of the youngest recipients ever. Jakeman said, "I never sought out this recognition nor thought I would be recognized like this. Civil Air Patrol has taught me so much and opened so many doors that I'm honored to receive this award." His Commander, Lt. Col. Mike McNeely, described him as, "A tremendous leader, continuously setting the example, inspiring others to achieve excellence." A recent Cheyenne Mountain High School graduate, Jakeman just completed basic training at the US Air Force Academy, where he is set to graduate in 2019. Civil Air Patrol's missions include cadet programs, aerospace education and emergency services.

## Train Horns

from page 4

I've written to the Mayor, but have been told that "he is too busy" to deal with my request. Well, maybe if half of the town made the same request, someone could do something about installing those gates.

Cristina Bassett

## Seven Falls

from page 4

These are some alternatives that could be implemented to help alleviate this problem. Post no-parking signs for Seven Falls guests in each of picnic areas in the park. Allow parking inside the entrance of the falls as was handled by the previous owners. Post signs at both park entrances directing all Seven Falls guests that no parking for Seven Falls guests will be permitted inside the park and guests must park at The Broadmoor and take the shuttle to the Seven Falls Attraction...

The Broadmoor resort has contributed many amenities to share with tourists as well as residents of Colorado Springs and I try appreciate that, but allowing their Seven Falls guests to occupy all of the valued picnic areas in the park just isn't fair to the community who has enjoyed Cheyenne Canyon Park during every season of the year for many, many years.

-Kathy Salimeno

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## Cheyenne Mountain Homecoming Next Friday

Homecoming festivities for Cheyenne Mountain High School will commence at 5 p.m. next Friday, September 25, with a parade beginning at Broadmoor Elementary School, heading west onto Pourtales Road (around the Broadmoor), turning right onto mesa, left onto Cresta, left onto Preserve, left into Gold Camp Elementary School where the parade will end. From 5 - 6:40 p.m. there will be a Tailgate in the CMHS Parking Lot next to the ticket office. The Tailgate will feature CMHS's own DJ Sean Slaverson, a bounce house, and food for purchase from Buffalo Gals Catering. At 6:50 p.m. the Cheyenne Mountain Hall of Fame Induction Ceremony will take place followed by the Kick-Off of the football game between the Cheyenne Mountain and Mitchell High School at 7 p.m. Halftime will feature the Homecoming court and a Time Tunnel.

## CSU -Extension Offering Class on Preparing and Preserving Chilies

Colorado State University Extension is offering a two hour class focused on proper canning and preserving of low acid foods like chilies at Colorado's high altitude. The class will focus on food safety, covering the making of spreads, salsas and pickling. The class, resented by Master Food Safety Advisor K. Knight will include samples for tasting. Participants will receive tested recipes and safety procedures for reference. The class is being offered at the CSU Extension office at 17 N. Spruce from 6 - 8 p.m. on Tuesday, Sept. 22. at a cost of \$15/person. To register visit call Julie at 719-520-769 or visit <https://www.eventbrite.com/e/preserving-the-great-taste-of-green-chiles-and-salsas-tickets-18262269941>.

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## Feed the Children

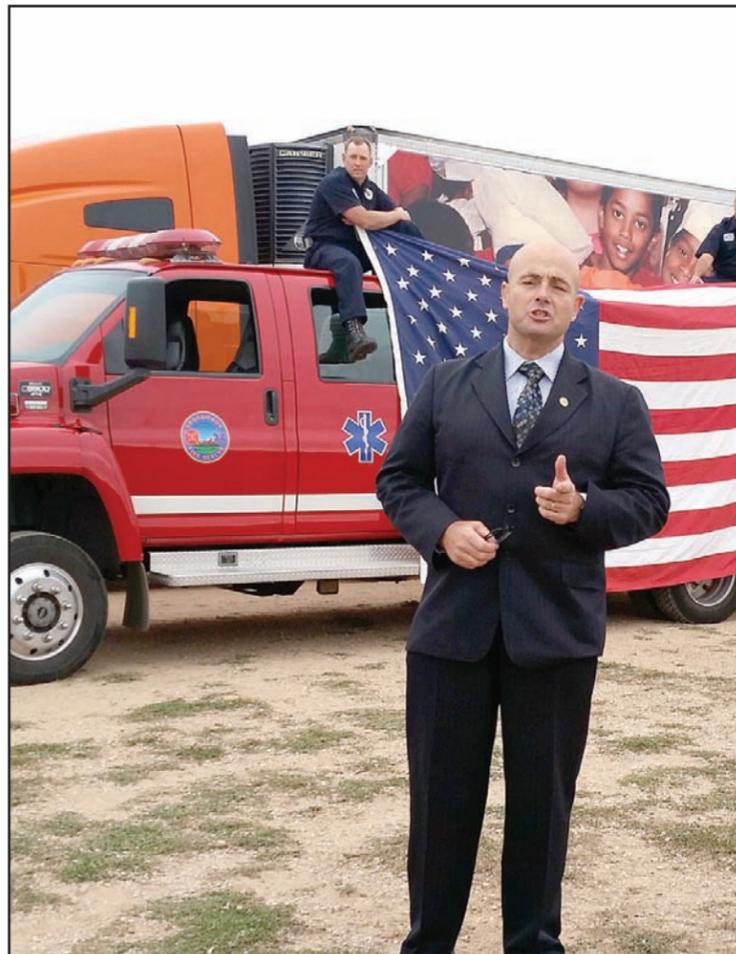
from page 3

also hope," said Travis Arnold, Feed the Children interim CEO/president and COO. "Hope for a better future is made possible thanks to our partners at the Coalition to Salute America's Heroes and Mt. Carmel Center of Excellence."

Feed the Children is one of the world's leading anti-hunger organizations dedicated to creating a world where no child goes to bed hungry. Through their network of agencies, Feed the Children distributed over \$344 million in food, other necessities, educational supplies, and medicine, impacting close to 9 million individuals in the U.S. and over 4.9 million individuals globally in fiscal year 2014.

Cindy McLaughlin from the Mt. Carmel Center of Excellence said "The most special thing about the event was that it was a combination of several organizations all coming together to support the Colorado Springs veteran and military community." The Mount Carmel Center of Excellence is a brick and mortar one-stop center here in Colorado Springs implementing and connecting veterans and their families to services and support such as housing assistance, educational and financial counseling, career development and behavioral health.

The Mt. Carmel Center of Excellence hosted the event and helped pass out a 25-pound box of food, purchased by Coalition to Salute America's Heroes and a 10-pound box of much-needed personal care necessities to the 400 pre-identified families at Fort Carson, Peterson AFB, and other veteran organizations. Additionally, Avon boxes with assorted Avon products were distributed to the families and the Care and Share Food Bank



**Retired Colonel McLaughlin from the Mt. Carmel Center of Excellence came to the Norris Penrose Event Center on September 11th to help organize and distribute food and necessities to 400 pre-identified Colorado Springs military and veteran families.**

for Southern Colorado provided each family with fresh produce while Pikes Peak Community College provided each family with fresh bread. The Mt. Carmel Center of Excellence

was assisted by many community volunteers, including House of Representatives District 18's, Pete Lee, in passing out the much needed materials on September 11, Patriot's Day.

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# Council of Neighbors

from page 2



**El Paso County Commissioner Sallie Clark, fifth from right, awarded a proclamation honoring the Council of Neighbors and Organizations to Dave Munger, center, with the support of other county commissioners and area leaders.**

supported mostly by donations from businesses and member dues, the Council of Neighbors and Organizations was recently awarded 501(c)3 status, and as such has also been enthusiastically granted support by both Colorado Springs City Council and the El Paso County Board of Commissioners.

“The county has even asked us to coordinate their citizens’ colleges,” said Munger. “CONO will help to educate citizens about how the county works.” But he also said that it is not just about interacting with government. “We want to help people make their neighborhoods more fun!”

Sara Poe, the neighbor group’s assistant director agreed. “Even things like preserving the neighborhood history, learning how to become leaders, or welcoming new people into the neighborhood culture are all important,” she said. “We want to help people see why neighborhoods matter.”

Examples of the organiza-

tion’s work are all over town. Sheena Pasko lives in the Ivy-wild neighborhood. She praised the group for help with fire mitigation as well as neighborhood cleanup. “They really shortened our learning curve. Things would have taken much longer without their help and advice.” In addition, she said the neighborhood has become much more cohesive thanks to CONO’s efforts to broker a more unified approach to community issues.

The organization has also worked with neighbors in the Mountain Shadows area, helping them resolve some contentious issues and administering neighborhood elections. Arbors resident Waynette Rand said she doesn’t know of any other organization quite like them, and she truly appreciated their help.

Munger went on to point out that cities and counties like ours usually have full-time staffed departments to help people organize their neighborhood associations and interact with “the system.” He said CONO

does the same tasks in the Pikes Peak region largely based on contributions.

To learn more about CONO, visit [www.cscono.org](http://www.cscono.org).



## Humane Society Pet of the Week

**Drama (1078501), a 5-year-old spayed gray tabby short-hair, is ready to enter your life stage left. She would likely do better as an only fur child...She prefers to be the center of your attention!**

## Dermatology Clinic, P.C.



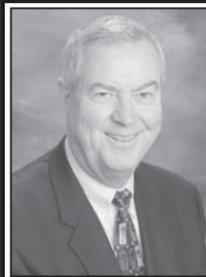
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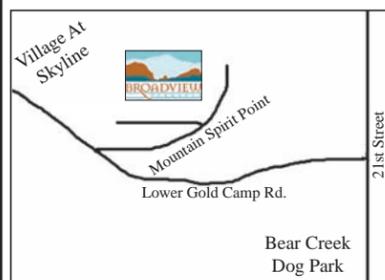
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## Hear the Beep Where you Sleep

Every bedroom needs a working smoke alarm. That’s the message during Fire Prevention Week from The Broadmoor Fire Protection District. Of course, every week is fire prevention week. Fireworks are illegal in the city. Never send an open flame into the sky. Recent dry conditions, high winds and temperatures are a constant reminder that **ONLY YOU CAN PREVENT WILDFIRES.**

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# Art Show

from page 1

Artist Stacy Helton specializes in watercolor landscapes and hopes her participation in this year's event will give her the exposure needed to break into the professional market, she

said. "Preparing for an art show is a lot of work, but is worth it," Helton said. "It's very satisfying to see people enjoy my creations."

Because of her many allergies, Helton works chiefly with watercolor, and experiments with pen and ink. Sharing her stories and application techniques with residents proved particularly satisfying, she said.

"I would not have missed my being here and had a great time," said Helton as she rinsed her paint brush.

Cheyenne area resident Adeline Lautenslager agreed.

"This is fun," Lautenslager said excitedly as watercolor artist Eric Fetsch showed the youngster how to apply paint.

While drawing and painting proved popular with youngsters, meeting live alpacas and learning how alpaca fiber art is created stole the show. An alpaca is a llama-like South American



Stacy Helton showcased her artistic talent during the Art Show and Sale at the Bear Creek Nature Center.

creature bred for its fiber that is used for producing knitted and woven items similar to wool.

Alpaca owners Chris and Christiann Schade demonstrated the fiber extraction process that involves using a skirting table to remove vegetable matter, dirt and dust from the raw fleece. Once this is accomplished the material is sent through a machine designed to comb the fibers in one direction.

Fibers are spun to produce stockings, scarves and other clothing items. Images are added to the finished fabric that is as soft as cashmere.

"Kids give the alpacas lots of attention," Chris said of Bling and Daughts, the two alpacas who gave up their wool for the event.

"Wow! That's really cool," said Cheyenne area resident Makenna Fanthorp as Christiann

explained her craft.

Created in 2005, the Art Show and Sale proved a popular attraction until the 2008 economic downturn inspired its discontinuation in 2009. The event was resurrected and reintroduced to the public in 2013.

"Hopefully, the art show and sale won't experience any more setbacks," said former Friends of El Paso County Nature Center President Rise Foster-Bruder who assisted with this year's event.

The Bear Creek Nature Center this year sought to raise \$1,500, with 60 percent going to the artist, and 40 percent to Nature Center programs and seasonal staff, Bequette said. Anyone interested in participating in next year's Art Show and Sale can learn more by calling 719-520-6387.



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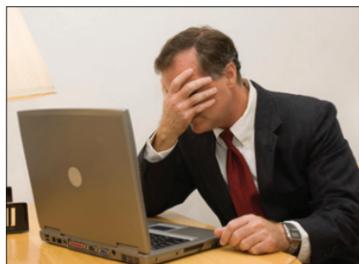
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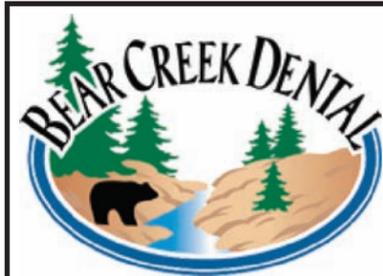
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## Cheyenne Mountain High School Volleyball



Photo Courtesy of Lifetouch Photography

**Names Not In Order:** Ellie Gubser, Bethany Cullity, Mika Dickson, Grace Wilder, Paige Dittrich, Baylee Wells, Holly Huffman, Makayla Patterson, Elizabeth Wayne, Casey Ahrendsen, Andrea Harris, Maddi Brown. **Head Coach:** David Barkley. **JV Coach:** Bob Evans, **C-Team Coach:** Gail Sanchez. **Assistants:** Jason Jody, Michelle Wintering, Sarah Wilhalm, Nancy Kellick, Dane Fisher, Bre Williams-Cullity

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### REAL ESTATE FOR SALE



**4175 Hermitage Dr. - \$935,000**

Located in the gated community of Pine Terrace. Unmatched setting on the 10th green of the Broadmoor Golf Course with unobstructed views of the city and mountains. Custom design, features lots of windows and walkouts. 3 bed, 5 bath, 3 car, 6,321 sf.



**36 Lake Avenue - \$995,000**

Elegant Broadmoor Estate. This home has been updated to today's standards without compromising the original style. Front parlor surrounded by mullioned windows and European tile. Formal dining room with fireplace. Large flat lot with English style gardens and in-ground pool. 5,475 sf, 4 bed, 6 bath, 2 car.



**5 Mirada Rd. - \$1,789,000**

Formal Elegance reigns in this traditional 2-story home located across from the Broadmoor's East Golf Course. Built in 1989 by Premier Homes and subsequently remodeled. Galley kitchen is all nickel, island is Walnut from Sweden. Formal living room with a bay window w/ plantation shutters. 4 bed, 5 bath, 3 car, 6,057 sf.



**20 Polo Circle - \$1,125,000**

Tucked away in Broadmoor proper is this charming Tudor cottage. Remodeled with modern amenities that seamlessly blend with the character of the home. This home has beamed ceilings, rich wood crown molding, French doors, and fabulous gardens and outdoor living space. 5 bed, 4 bath, 2 car, 6,729 sf.



**770 Wetmore Heights  
\$1,950,000**

If you are looking for views, then this Broadmoor Resort Community home is the one! A private retreat with sweeping views of both the mountains and city lights. Main level living, walkout lower level, open and inviting floor plan. 4 bed, 6 bath, 3 car, 7,102 sf.

**719-471-6200**  
**Michael Raedel**  
**Tim Sheridan**  
Option to apply for Golf Club membership with all Broadmoor Properties listings  
[www.broadmoorproperties.com](http://www.broadmoorproperties.com)

### REAL ESTATE FOR SALE



**(719) 575-1200**



**19 El Encanto Drive ~ \$675,000**

Luxurious Tuscan style rancher, 4 bd rms + study, custom gourmet kitchen, amazing outdoor space with pool, fenced backyard.



**SOLD**

**2001 Stardust Drive**

Ranch style home on 2.15 acres!  
4 bedroom, 3 bath close to schools,  
360 degree views with 2 garages!



**3835 Hermitage ~ \$799,500**

Pine Terrace 4 bed home **with elevator!**  
Enjoy the covered patio with views of the city, golf course and mountains.



**925 Constellation Pl. ~ \$825,000**

4 bedroom + study, 5 bath home with 3 car oversized garage on 2.5 acres. Amazing views! Something for everyone!



**4355 Stone Manor Heights  
\$2,150,000**

Exquisite 4 bedroom + 2 office custom luxury home on 2.59 acres. Great Uninterrupted Panoramic views!



**4915 Canyon Meadows View  
\$3,350,000**

Executive home on over 2 acres with 4 bedrooms, 2 studies and views. Too many custom features to list!



**575-1200**  
**80906.com**  
KEVIN PATTERSON

### REAL ESTATE FOR SALE



**2201 Constellation Drive  
\$690,000**

Elegantly transformed, completely remodeled custom home on private street walk to open space, school/parks. 2 master suites, one on the main level and the other on the 2nd floor with deck and mountain views. Wonderful octagonal sun room with forest views. Beautifully updated with beveled glass windows, hardwood floors, Tiffany stained-glass window, gourmet kitchen, marble baths and fireplaces. Hand-painted Portuguese tile, 2 steam showers and jacuzzi tubs. Very private setting with lovely landscaping in a park like setting. Custom cabinets. 5 bedrooms, 5 baths, 3 car garage, 5,048 sf.



**PRICE IMPROVEMENT!**

**1410 West Costilla St.  
\$274,900**

Great buy in Crown Hill Mesa! Mountain views. Close to Bear Creek Park. 3 bedroom, 3 bath, 2 car, 2,034 sf. Parking for RV or boat.



**1001 Saturn Drive  
\$209,000**

Best Buy in Skyway Area! Brick rancher on almost 1/4 acre just a block away from open space, Skyway Elementary School and the Little Dipper pool! Updated including new furnace, new roof, new paint inside and out, beautifully refinished hardwood floors, and new windows throughout. Move in ready with a large fenced side yard with covered patio and mature trees. 3 bedrooms, 2 bath, 1 car garage, 1,119 sq.ft.



**811 Sirius Dr.  
\$255,000**

Under Contract In 4 Days!!!

**"Selling homes in your neighborhood for over 30 years. Call us if you want results in selling your home or finding the perfect new home. Inventory is low and demand is very high."**

**Lisa & Gordy Riegel**

Making Dreams Come True!

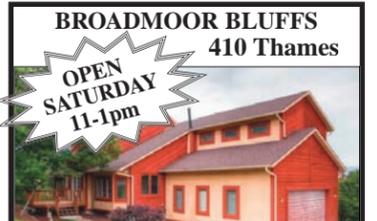
**576-5000**

Lisa's cell 719-440-8548  
Gordy's cell 719-330-1909



[www.LisaRiegel.com](http://www.LisaRiegel.com)

### REAL ESTATE FOR SALE



**BROADMOOR BLUFFS  
410 Thames**

**OPEN SATURDAY  
11-1pm**

An entertainers dream: two story home with an open and bright floor plan. This impressive remodel boasts breathtaking city views. Master suite has a five piece bath. Updated new exterior paint, new hardwood floors, new carpet, new appliances, new cabinets, new granite counter-tops, and a partially finished basement with walk-out. 4 bedrooms, 4 baths, 3,500 sq.ft. **Offered at \$495,000.**



**Alex Thomas  
(720)470-0724**

**Horse Lover's Paradise!  
8111 Valli Farm Rd, Fountain, CO**

**\$600,000**

**SEPTEMBER SPECIAL!!!**



11.75 acres. 3400sf home, 3 bedroom, 2 1/2 bath, in ground pool, garage, city sewer, fantastic well, mother in law unit. 6 stall barn with wash rack, Priefert stalls, automatic waters, separate 200 amp service, huge hay loft, great trailer parking, security gates. All pastures fenced and cross fenced with water and electric. 150 X 300 lighted arena. Amazing trees, lush yards. A paradise in the city with a country feel. \$600,000 includes 5 water shares. Special ends Oct 1. 719-332-5564 (owner) or 719-232-9278 (realtor). Showings anytime. For more info and pictures: [www.cottonwoodtrails.com](http://www.cottonwoodtrails.com).

### REAL ESTATE FOR RENT

**BROADMOOR NOW  
AVAILABLE IN PINE TERRACE  
FOR THE WINTER**

Fully furnished, 3 bedroom, on golf course. \$1,900/month. 635-3347.

### INSTRUCTION

**MATH TUTOR**

Pre-K through Pre Calc.  
\$40 for 55 minute session.  
**Jana Vigilante 578-8508**

**Math, Science, English, Etc. Tutor**  
All levels and ages including some college. \$25/hr plus travel expenses. Please contact Brian Rogers at 719-641-5042.

### TECHNOLOGY SERVICES

**Springs PC**

**COMPLETE COMPUTER SUPPORT**

Free estimates. Service calls. PC & Mac.

Business & Wireless Networks. Repairs.

Instruction. Crashed drive recovery. John at 471-4125, [springspc.com](http://springspc.com)





# CHEYENNE • EDITION

## CLASSIFIEDS

578-5112

### HELP WANTED

**WANTED**  
**District Crossing Guards**  
Cheyenne Mountain School District  
12. 1-2 hours per school day.  
\$11.86 hourly. Applications may be  
downloaded at: [http://www.cmsd12.org/apps\\_salary](http://www.cmsd12.org/apps_salary).

**Hairstylist Needed.**  
Booth rental. Please call 578-9099 or  
651-7298.

### FOR SALE

**TRUMPET**  
Getzen 390 trumpet with case.  
Recently cleaned. \$225. Please call  
Lori at 578-5112 or 233-2076.

### GARAGE & ESTATE SALES

**LARGE ESTATE SALE**  
**2928 Tenderfoot Hill Street - 80906**  
Saturday and Sunday, Sept. 19 and  
20 from 9:00am to 3:00 pm each  
day. Antiques, furniture, china...  
Spode Tower in red/pink, gorgeous  
English semi-paste early 19th century,  
Wedgwood Corinthian pattern, Minton  
dinner plates. Household items some  
dating back several generations, many  
with appraisals! Queen size sleigh bed,  
chest of drawers and end table. Other  
high end furnishings including lamps.  
Several items including large desk  
once belonging to Alice Bemis Taylor.  
Beautiful Christmas ornaments and  
items. 10 ft. Slim pre-lit artificial tree.  
Woodard patio furniture, newer and  
rare vintage pieces. Homecrest, self  
adjusting chaises with newer slings.  
Computer armoire, dark wood. TV  
or storage armoire, light pine. Many  
more, too numerous to list. Photos  
on Craigslist. **NO EARLYBIRDS!**  
CASH ONLY!

### AUTOS FOR SALE



**1999 Dodge Grand Caravan SE**  
Excellent Condition! One Owner!  
Garage Kept! No Pets/Smokers! Two  
sets of Tires! 194,000 miles. \$3,595  
Contact 576-5378.



**2005 Honda Element EX**  
KID CAR! AWD, 125K miles, great  
shape, newer tires. \$8,100. Call or  
text Cathy at 719-351-0167.

**Check us out at**  
**waltpub.com**

### AUTOS FOR SALE

**2007 Cadillac CTS.** 54k miles. One  
owner, good condition. \$9,800. Call  
635-3347.

**www.MonumentMotors.com**  
50 Used Subarus! 1995 to 2014  
Great Prices! Warranties Available!  
Outbacks, Foresters, Legacys,  
Imprezas, XV Crosstrek  
BRZ and Tribecas  
Dealer: 719-481-9900

### ART SHOW

#### 9<sup>TH</sup> ANNUAL ART IN THE YARD SHOW & SALE

Oils And Acrylics From The  
Studios of Joan Lovett  
Colorado Springs & Santa Fe



**1403 Mesa Ave. - Broadmoor**  
**FRI - SAT - SUN**  
**September 18-20**  
**9 am - 5 pm; 635-4690**

### PETS

#### Happy Cats Haven Cat of the Week



Hi, I'm  
Victoria!  
I'm a pretty  
silver  
tuxedo lady  
with tidy  
white scarf,  
socks and  
harlequin  
mask. I was  
rescued wet  
and cold from a drainpipe where  
someone had abandoned me in the  
rain. I do great with other party  
animals like me, cats and dogs alike.  
I'm very affectionate and love to play  
with my humans too, then settle down  
for a long purr session. This week, I  
have a special adoption fee of \$60,  
which includes testing, all normal vet  
care plus food & litter and a free vet  
exam. Won't you come meet me?

**719-635-5000**  
**HappyCatsHaven.org**  
**1412 S. 21st St.**

#### BASIC DOG OBEDIENCE TRAINING

Are you tired of neighbors  
complaining about your dogs  
barking? Are you trying to teach  
your children how to care for the  
family canine? Are you having  
problems controlling your dog, but  
can't afford the cost? Let Dag's  
Dog Obedience Training help you.  
Cost is \$15 per dog per week. All  
dogs are welcome. Dog must be six  
months or older, proof of current  
shots required. One hour, one-on-  
one sessions. To learn more, call  
Peggy at 719-553-8581 from 8-5pm,  
Monday - Saturday.

### PETS

**DOG WALKING / PET SITTER**  
22 years experience in the Broadmoor  
area. Bonded and insured, references.  
Cañon Critter Company. 632-9043.

### CONSIGNMENTS



#### Consignments of Fine Furnishings

*Merged With Rich Designs*  
**1731 Mt. Washington Ave.**  
**447-0077 / 475-1200**  
Tues.-Fri. 9am-5:30pm Sat. 9am-4pm  
Closed Sunday & Monday

### ANNOUNCEMENTS

#### FUNDRAISING DINNER HOME FRONT CARES

The Sons of Italy Pikes Peak chapter  
is hosting a spaghetti dinner for its  
scholarship program and for Home  
Front Cares, an organization that  
helps military families impacted by  
deployment. The event is being held  
at the Elks Lodge at 3400 N. Nevada  
on Sunday, Sept. 20 from 11 am to 5  
pm. Tickets are being sold at the door  
for. \$10 for adults; \$9 for seniors,  
military, and college students with  
ID; \$5 children under 12.

### MISC



**Bret Breford**  
**719-237-5143**

### STORAGE

#### CSB STORAGE

**RV's ~ Boats ~ Motorhomes**  
Safe & Secure  
Indoor Storage  
Units Sizes (15' x 55')  
**659-8755 2115 Janitell Rd.**



### SERVICES

#### HOUSECLEANING

Thorough, dependable, 17 years in  
business locally. Janitorial services  
also available. 667-0118.

### SERVICES

#### Cyndi's Top Shelf Cleaning Services

September cleaning special is \$95  
for 3 hours of top notch cleaning/  
organizing. Plus a free oven cleaning  
or refrigerator cleaning when you  
mention this ad! Please call Cyndi  
today at 719-440-8967!

#### DRYWALL

Acoustic removal (popcorn ceiling),  
new textures applied, drywall, plas-  
ter and stucco patches, painting, full  
service drywall. 28 years experience.  
Call Jeff at 460-1358.

#### TrueCLEAN

Residential, Move In, Move Out,  
Construction. Impeccable references.  
Bonded and insured. 719-237-4030.

#### Agape Landscaping Services FALL CLEANUP

Mow, trim, fertilize, sod and rock bed  
installation. Snow removal. Hard-  
scaped, flagstone, retaining walls,  
pavers, firepits and more. Call Gilbert  
at 232-5558 or Andres at 232-6014.

#### FALL LAWN

**PREPARATION AND CLEANUP**  
Fertilization, tree and brush trimming.  
Call Pete at 460-7550.

#### Tree & Shrub Service James Property Services Hauling Services

Tree / shrub removal and trimming,  
hauling, gutter cleanouts. 14 years  
experience. Insured. Senior discounts.  
Call/text James at 719-291-5236.

#### FALL CLEANUPS

Aeration, winterization and sprinkler  
blowouts. Please call Eddie at 719-  
660-5008.

#### AGING IN PLACE

**Craig L. Nelson, CSI, CAPS, CSA**  
*Certified Senior Advisor*<sup>®</sup>  
Visit with us and we will help you stay  
in the home you love, SAFELY. Grab  
rails, ramps, to complete Universal  
Design Remodel. 719-632-3994.  
[www.SeniorHomeRemodel.com](http://www.SeniorHomeRemodel.com)

#### Liberty Painting & Handyman Service WILL MATCH ANY ESTIMATE BY 10%

Exterior/Interior Painting, Commer-  
cial painting. All types of drywall and  
drywall repair, deck power washing  
and refinishing. Ceramic tile. Water  
and fire damage repair. No job too  
small. Free estimates. Fully insured.  
Call Ralph or Louie at 282-9182 or  
648-3002.

#### HOUSE CLEANING

When only the extraordinary will do -  
old school clean -- top to bottom, cor-  
ners hands and knees clean--Insured  
and bonded--all work guaranteed--  
supplies furnished--reasonable rates  
with dependable service. CLEAN-  
ING DONE YOUR WAY. 761-8366.

#### I LOVE TO PAINT!

Seasoned citizen wanting to work. 28  
years experience. Exterior and inter-  
ior, excellent wall repair and texture.  
Please call Tom at 473-1369.

#### JMK Woodworks

Custom cabinetry, built-ins, trim  
and specialty carpentry. Honest,  
professional, and reliable, with first  
class customer service. (719) 650-  
2355. [jmkcraftsman@gmail.com](mailto:jmkcraftsman@gmail.com).  
[www.jmkwoodworks.com](http://www.jmkwoodworks.com).

### SERVICES

#### Noriko's House Cleaning

Eco-friendly company providing  
weekly, bi-weekly, monthly, one-  
time, move-in/out cleans. 7+ years in  
business. Excellent references. 466-  
6100. [www.norikoshousecleaning.com](http://www.norikoshousecleaning.com).

#### MATT SHUMWAY'S HARDWOOD FLOORS SERVICES

Insured, quality first, guaranteed  
lowest pricing, free estimates, many  
years experience. 510-2428.

#### Denny's Helping Hand

Spring yard clean-up. Fence  
repairs. Pressure washing house  
siding included. Bushes trimmed  
and shaped. References available.  
Handyman Honey Do's! Call 719-  
260-5609.

#### PORTER LAWN CARE AND LANDSCAPING

Commercial Maintenance and Snow  
Plowing, Free Estimates, Call Chad  
Porter, 719-232-7634 [portercj@earthlink.net](mailto:portercj@earthlink.net).

#### SENIOR HOME CARE BY VISITING ANGELS

Caregivers with character! Reliable  
caregivers provide up to 24 hour non-  
medical care in your home. Hygiene  
assistance, meals, light housework,  
companionship. Affordable rates.  
Top background checks.  
**Visiting Angels 719- 282-0180**

#### Quality Painting Specialist Inc.

Free written estimate. Interior/  
exterior. Insured. Senior Citizen  
Discount. Residential/Commercial.  
Serving Colorado Springs for 35  
years. Call Ron: 633-6634 or cell  
237-2886.

#### FURBALL CLEANING SUMMER CLEAN UP

**\$20 Discount On 1st Cleaning!**  
**Residential and Commercial Clean-**  
**ing.** Real Estate cleaning - move-in/  
move-out. Bonded and insured. 10+  
years experience. Marina Harris. Call  
719-660-1266 or 720-985-4648.

#### Jacob's Ladder Window Cleaning

We do the best cleaning possible--we  
detail by hand. Our unique system will  
leave your windows cleaner than ever!  
We also clean chandeliers. We also  
offer glass replacement for broken/  
foggy windows. So much cheaper than  
replacing the whole window. Power  
washing: we can power wash your  
home/business, patios, driveways,  
fences. Makes them look great with-  
out the expense of painting. We also  
do caulking and available for remodel-  
ing. Gutter cleaning/guards (our new  
gutter guards come with a 20 year  
guarantee). Call Jeff for free estimate  
719-761-6418.

#### Umbrella Home Health Care

*"Take Comfort In Our Care"*  
Specially trained, experienced  
CNA caregivers who practice  
compassion, understanding, and  
patience. Specializing in Dementia  
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Companionship, Personal Care,  
Hygiene Assistance, Housekeeping,  
Pet Care, Shopping, Meal Preparation,  
Respite Care, and Ongoing Support.  
Call Today for a Free Assessment.  
**719-473-6599**  
[www.umbrellahhc.com](http://www.umbrellahhc.com)



# CHEYENNE • EDITION

## CLASSIFIEDS

578-5112

### SERVICES

**Gutter Cleaning**  
Get your gutters cleaned and prepped for the SPRING RAINS. We install RainFlow Gutter Guards. 761-6418.

**Pristine Clean**  
Need more time with your family or doing the things you love. Let me get your home pristine clean. Move-outs and offices. Call Amie at 200-4482.

**Blazic Construction, LLC**  
New and repair fencing and decks. Interior and exterior painting. New and repair sheds and out buildings. Fully insured. Experienced. Free estimates. Call Scott at 719-338-8335 or email ksblazic@yahoo.com.

**Detailed Housekeeping**  
Dependable and excellent references. Weekly and bi-weekly available. Call 632-8521.

**Teacher Window Cleaners**  
**SUMMER SPECIAL!!**  
20% off New Clients!  
15 years experience. Fully insured. Servicing the Front Range and the Cheyenne and Woodmen readers for over 15 years. Call 1-720 271 9561. Jeremy Kamm.

**BRENT PAINTING**  
Specializing in interior and exterior painting. Only top-of-the-line long lasting materials. 30 years experience. Free estimates. 598-0134.

**RICE'S REMODELING**  
Additions, decks, carpentry, replacement doors and windows. Licensed and insured. Free estimates. Call Dave Rice at 477-0555 or 291-2731.

**HAULING AND TRASH REMOVAL**  
We can help you get rid of the junk or yard waste! Call 719-660-1266 or 720-985-4648.

### SERVICES

**JWM Construction**  
Don Mitchell  
(719) 499-9057  
jwm.construction.co@gmail.com

- Tile Work
- BBQ Pits
- Retaining Walls
- Landscaping
- Sidewalks
- Patios
- Chimneys
- Handrails
- Brick/Block/Masonry
- Concrete Driveways
- Fireplaces - Indoor/Outdoor
- Fences - All Structures
- General Maintenance
- Painting - Exterior & Interior
- Lawn Maintenance

Over 30 Years Experience  
Insured - References

**SB SPRINKLER & LANDSCAPE**

New Installation  
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Sprinkler System  
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### SERVICES

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- Power Washing
- Drywall Repair
- Staining
- Decks
- Fences

10% off with mention of the ad

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**SUNBURST Sprinkler Installation & Repair**  
Valves & Clocks

Gordie 34 yrs. exp 494-6424

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Maintenance - Yard & House Clean-Up - Moving  
Landscaping - Tree Removal - General Labor

Kyle Nordyke  
719.439.3014

**Gilbert's Tree Service, Inc.** Lic. & Ins.

- Forest Restoration
- Fire Mitigation
- Tree Trim
- Stump Remove
- Lot & Land Clearing

382-3362

**TREE SERVICE**  
Colorado Green Life  
Tree & Stump Removals

Tree Trimming • Storm Damage  
Removal of Hazardous Overhangs  
Fire Safety Trimming

**FIRE MITIGATION**  
Professional & Affordable  
Free Estimates

Senior & Military Discounts A+ Rated With The BBB

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Restore Your Deck

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Fences, Gazebo's, Furniture, Etc.

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**Eagle Creek Roofing**  
ALL TYPES OF ROOFING

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- Roof Certifications
- Professional References
- Insurance Assistance
- 23 Years Experience
- Re-Decks & Repairs

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Complete Painting & Minor Home Repairs

Interior • Exterior

Quality Work, Ref. Ins. Free Est.

20+ Years Experience  
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H - 578-9480 C - 428-8931

### SERVICES

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Quality Home Improvements Since 1989

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Roofing & Restoration

Wind Damage Hail Damage

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This is...  
**FLIPPIN' AMAZING**

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**waltpub.com**

### SERVICES

**Will It Be Feast or Famine This FALL?**  
Make Your Classified Advertising Dollars Count In The Cheyenne Edition!  
Call Lori at 578-5112

**The Woodmen and Cheyenne Editions ARE FLIPPIN' OUT!**

**CRAFT PRODUCTION RESOURCE PRESENTS...**

**Our Shorts Are Showing \*3\***

Six new, original short plays featuring all local talent



"What a Mother Knows"  
by Sue Bachman



"The After"  
by Warren Epstein

"The Moira Mirror"  
by Jeremiah Miller

"Where's My Bowling Ball"  
by Scott Anthony

"Daisies"  
by Jessica Weaver

"Belle, Book and Kindle"  
by Deirdre Gilbert

★ Opening Night ★ **Thurs. Sept. 17 ~ 7 pm**  
**Fri. Sept. 18 ~ 7 pm**  
**Sat. Sept. 19 Matinee ~ 2 pm; Sat. Sept. 19 Evening Show ~ 7 pm**  
**Sunday Sept. 20 ~ 4 pm**

General Admission \$10.00. Students with current school ID \$5.00.  
Cash or check preferred 1-800-838-3006 or online: www.ourshorts3.bpt.me  
Not suitable for children under 12 No infants please

**Louisa Performing Arts Center**  
21 Broadmoor Ave. CS 80906 (Colorado Springs School Campus)  
www.craft-pr.com ~ info@craft-pr.com



# FEATURED PROPERTIES

WWW.ERASHIELDS.COM



**OPEN HOUSE 9/20 1PM-3PM**

## 2810 AQUILA COURT

**Custom Ranch at The Top Of Skyway; stunning Views.**

One-Owner custom ranch w/views from Garden of Gods to city! Private setting off cul de sac. Hike & Bike in your backyard. Built in 2004 5000 sq ft, 4 beds, 3 baths, office, 3 fireplaces, theatre & wine room, sitting room, patio lower level. 3 + garage, gourmet kitchen, this home has it ALL! MLS: 2416705

**\$765,000 Bianca Taylor 719.229.6488**



**NEW LOWER PRICE!**

## 5860 BROADMOOR BLUFFS DR

**A SLICE OF SANTA FE** in the heart of Broadmoor Bluffs! An open floor plan greets you in this RUSTIC SANTA FE style home. Log posts & vigas. 3 Kiva fireplaces. Hickory kitchen cabinetry w/ antler pulls & reed inserts, stainless counter, Trastero cupboard. Huge Dining Room & Great Room. Office. 3 Bedrooms up with 2 private decks & TV Room/Loft. Amazing views. Outdoor space w/ covered patio & kiva. If you love Santa Fe style, THIS HOME IS FOR YOU!!!

MLS: 3373572

**\$559,000 Colleen Meier 719-330-1779**



## 13 CROSSLAND ROAD

**Pourtales Park Opportunity!**

Wonderful private estate. Huge kitchen, island, & wrap-around bar plus breakfast nook. Art lovers dream home. Spacious master retreat. COMPLETE LIVING QUARTERS UPSTAIRS. Expansive patio perfect for entertaining. For the oenophile, there is a wine cellar.

5 BED, 6 BATH, 9812 SQ FT, 8 CAR GARAGE! MLS:7083645

**\$1,690,000 Eric Scott 719-505-2426**

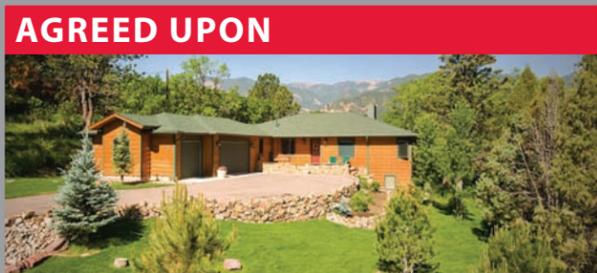


## 18 6<sup>TH</sup> STREET

**Style and Substance!**

Stately & sophisticated Broadmoor home w/ modern amenities\*Black & white marble foyer\*Spacious parlor & formal dining room \* Gourmet kitchen w/ slab granite, 2 ovens, 2 dishwashers, 2 farmhouse sinks, 6-burner Wolf range, SubZero refrigerator \*Grand 5-piece master suite\*Rare slate roof\* 5 BED, 6 BATH, 7466 SQ FT! MLS:3621796

**\$1,975,000 Eric Scott 719-505-2426**



**AGREED UPON**

## 204 ALSACE WAY

**Quality Custom Build....Main Level Living!**

Wonderful lot, views & new roof. Great room concept perfect for entertaining. Floor-to-ceiling TRIPLE-PANE Pella windows. Wall of stone with wood burning fireplace, gourmet kitchen with stainless steel, slab granite & Alder cabinetry. Main level 5-piece master retreat. Wired for sound inside & out.

3 BED, 3 BATH, 3822 SQ FT! MLS:3103446

**\$735,000 Eric Scott 719-505-2426**



## 3 BROADMOOR AVENUE

**A true Broadmoor home!**

Wonderfully upgraded! Updated kitchen. Light & bright vaulted great room includes relaxing family room. All bedrooms are suites. Climate-controlled wine room. Fully-fenced back yard with stamped concrete patio & outdoor fireplace. Neighborhood streets are perfect for walking & biking! 6 BED, 5 BATH, 4684 SQ FT MLS:1321125

**\$799,000 Eric Scott 719-505-2426**



**AGREED UPON**

## 325 ROXBURY CIRCLE

**A Walk in the Park..**

Walking distance to Broadmoor Valley Park. Remodeled kitchen with granite counters, drawer-style dishwashers, stainless steel appliances. New carpet & 10 lb. imported Italian tile master suite with walk-in closet, sauna, jetted tub, & dual-head shower.

4 BED, 4 BATH, 4486 SQ FT MLS:9017272

**\$450,000 Eric Scott 719-505-2426**



## 571 SILVER OAK GROVE

**Serene outside and spacious inside!**

Broadmoor Resort Community. GRAND sense of arrival with 20' ceilings & windows. Updated kitchen, formal dining with butler's pantry. Main level master bedroom suite! Main level study. Expansive lower level for entertaining. Two south facing decks!

6 BED, 6 BATH, 7269 SQ FT! MLS:9000556

**\$1,250,000 Eric Scott 719-505-2426**



**OPEN HOUSE 9/20 1PM-3PM**

## 363 GOLD CLAIM TERRACE

2 Story 5 bed, 4 bath, 3 car \* New Roof & Exterior Paint \* No association fees \* Hot tub with gazebo \* 1 year Home Warranty - Including A/C & ALL appliances \* FREE Pre-Home Inspection \* Granite through out home \* Washer / Dryer & Refrigerator included \* City and Mountain views!!!!

**PRICE REDUCED \$20,000!!** MLS:3986326

**\$365,000 Sheila Polkow 719-433-4440**



**OPEN HOUSE 9/19 & 9/20 1-4PM**

## 325 CHESHIRE COURT

\* VERY UNIQUE, EXTRA SPECIAL, OPEN & FLEXIBLE FLOORPLAN \* 3,845 Sq. Ft. RAISED RANCH \* 4-5 Bed/3 Bath/3 Car \* WELL MAINTAINED \* HUGE EAT-IN KITCHEN/HEARTH ROOM \* MAIN LEVEL MASTER W/HUGE SITTING AREA \* WALK-OUT BASEMENT \* ENORMOUS FAMILY AND REC ROOMS \* CUSTOM CALIFORNIA CLOSETS \* EXTREMELY PRIVATE YARD W/SOME FLAT AREAS \* HUGE FLAGSTONE PATIO \* HOT TUB \* CITY LIGHTS & MOUNTAIN VIEWS \* A/C \* MLS:1779700

**\$515,000 Mark Rudolph 719-492-3974**

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**719.651.0291**



**What is 10K?** After 48 residential listings in the 10K program are sold and closed, a drawing is held to award \$10,000 of the accumulated funds to an eligible agent. Any agent who sells at least one of the 48 participating 10K listings is eligible to win the \$10,000. By selling more than one 10K listing for any single drawing agents substantially increase the odds of winning.